



RHE and PSHE Long Term Planning



Year group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	PSHE People who help us (emergency heroes, health and care, community helpers, safety and rules)	RHE EYFS Module 1 Unit 1 – Story session - Handmade with Love PSHE Road safety (post office walk)	RHE EYFS Module 1 Unit 2 – 1. I am Me 2. Heads, Shoulders, Knees and Toes 3. Ready Teddy?	RHE EYFS Module 1 Unit 3 – 1. I like, You like, We all Like! 2. All the Feelings 3. Let's Get Real	RHE EYFS 1. Module 1 Unit 4- Growing Up 2. New people, New places EYFS, Module 3, Unit 1 – 1. God is Love 2. Loving God, Loving Others	RHE EYFS Module 3 Unit 2 1. Me, You, Us 2. When I Grow Up, 3. Money Doesn't Grow on Trees PSHE RNLI water safety programme
Year 1	PSHE	RHE	RHE	RHE	PSHE	RHE



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	L1. About what rules are, why they are needed, and why different rules are needed for different situations L8 about the role of the internet in everyday life L9. That not all information seen online is true	KS1 Module 1 Unit 1 – Story session - Let the Children Come KS1 Module 2 Unit 1 – 1. God loves you PSHE	KS1 Module 2 Unit 2 – 1. Special People 2. Treat Others Well 3. ...and say Sorry	KS1 Module 2 Unit 4 – 1. Good and Bad Secrets 2. Physical Contact Harmful Substances 3. Can you Help Me? Part 1 4. Can you Help Me? Part 2	L10 what money is; forms that money comes in; that money comes from different sources. L11. That people make different choices about how to save and spend money L12. About the difference between needs and wants; that sometimes people may not always be able to have the things they want. L15. That jobs help people to earn money to pay for things.	KS1 Module 3 Unit 1 – 1. Three in One 2. Who is my Neighbour KS1 Module 3 Unit 2 – 1. The Communities We Live in 2. Who will I be
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Year 2	PSHE L2. how people and other living things have different needs; about the responsibilities of caring for them. L3. About things they can do to help look after their environment L5. About the different roles and responsibilities people have in their community L8 about the role of the internet in everyday life L9. That not all information seen online is true	RHE KS1 Module 1 Unit 1 – Story session - Let the Children Come PSHE L13. That money needs to be looked after; different ways of doing this L16. Different jobs that people they know or people who work in the community do L17. About some of the strengths and interests someone might need to do different jobs	RHE KS1 Module 2 Unit 2 – 1. I am Unique 2. Girls and Boys 3 and 4. Clean and Healthy	RHE KS1 Module 1 Unit 3 – 1. Feelings, Likes and Dislikes 2. Feeling Inside Out 3. Super Susie Gets Angry	RHE KS1 Module 1 Unit 4 – 1. The Cycle of Life 2. Beginnings and Endings 3. Change is all Around KS1 Module 2 Unit 3 – 1. Real Life Online 2. Rules to Help Us	RHE KS1 Module 3 Unit 1 – 1. Three in One 2. Who is My Neighbour? KS1 Module 3 Unit 2 – 1. The Communities We Live in 3. Needs and Wants
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Year 3	PSHE L1. To recognise reasons for rules and laws; consequences of not adhering to rules and laws. L7. To value the different contributions that people and groups make to the community. L25. to recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes	RHE LKS2 Module 1 Unit 1 Story session - Get Up! 2. The Sacraments LKS2 Module 2 Unit 1 Story session - Jesus, My Friend PSHE L12. How to assess the reliability of sources of information online; and how to make safe, reliable choices from search results.	RHE LKS2 Module 2 Unit 2 – 1. Family, Friends and Others 2. When Things Feel Bad LKS2 Module 2 Unit 3 - 1. Sharing Online 2. Chatting Online	RHE LKS2 Module 2 Unit 4 – 1. Safe in My Body 2. Drugs, Alcohol and Tobacco 3. First Aid Heroes 4. Rights and Responsibilities	PSHE L17. About the different ways to pay for things and the choices people have about this. L18. To recognise that people have different attitudes towards saving and spending money; what influences people's decisions; what makes something 'good value for money' L26, that there is a broad range of different jobs/careers that people can have; that people often	RHE LKS2 Module 3 Unit 1 – 1. A Community of Love 2. What is the Church? LKS2 Module 3 Unit 2 – 1. How do I Love Others? 2. Working Together



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					have more than one career/type of job during their life	
Year 4	PSHE L2. To recognise there are human rights, that are there to protect everyone L8. About diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities L13. About some of the different ways information and data is shared and used online, including for	RHE LKS2 Module 1 Unit 1 – Story session - Get Up! PSHE L19. That people's spending decisions can affect others and the environment (e.g fair trade, buying single-use plastics, or giving to charity) L20. To recognise that people make spending decisions based on priorities, needs and wants	RHE LKS2 Module 1 Unit 2 – 1. We don't Have to be the Same 2. Respecting Our Bodies 3. What is Puberty? 4. Changing Bodies	RHE LKS2 Module 1 Unit 3 – 1. What am I Feeling? 2. What am I Looking at? 3. I am Thankful	RHE - LKS2 Module 1 Unit 4 – 1. Life Cycles 2. A Time for Everything 3. Big Changes, Little Changes PSHE L27. About stereotypes in the workplace and that a person's career aspirations should not be limited by them. L28. About what might influence people's decisions about a job or career (e.g.	PSHE – LKS2 Module 3 Unit 1 1. A Community of Love 2. What is the Church? LKS2 Module 3 Unit 2 1. How do I love Others? 3. Money Matters



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	commercial purposes				personal interests and values, family connections to certain trades or businesses, strengths and qualities, ways in which stereotypical assumptions can deter people from aspiring to certain jobs)	
Year 5	PSHE L3. About the relationship between rights and responsibilities L9. About stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies	RHE UKS2 Module 1 Unit 1 – Story session - Calming the Storm UKS2 Module 2 Unit 1 – 1. God is Calling You	RHE UKS2 Module 2 Unit 2 – 1. Under Pressure 2. Do you Want a Piece of Cake? 3. Self-Talk UKS2 Module 2 Unit 3 – 1. Sharing isn't Always Caring 2. Cyberbullying	RHE UKS2 Module 2 Unit 4 – 1. Types of Abuse 2. Impacted Lifestyles 3. Making Good Choices 4. Giving Assistance	PSHE L21. Different ways to keep track of money L22. About risks associated with money (e.g. money can be won, lost or stolen) and ways of keeping money safe L29. That some jobs are paid	RHE UKS2 Module 3 Unit 1 – 1. The Holy Trinity 2. Catholic Social Teaching UKS2 Module 3 Unit 2 1. Reaching Out 2. The World of Work



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	for challenging stereotypes. L14 about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information				more than others and money is one factor which may influence a person's job or career choice; that people may choose to do voluntary work which is unpaid	
Year 6	PSHE L5. Ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing,	RHE UKS2 Module 1 Unit 1 - Story session - Calming the Storm UKS2 Module 1 Unit 2 – 1. Gifts and Talents 2. Girls Bodies 3. Boys Bodies	RHE UKS2 Module 1 Unit 3 – 1. Body Image 2. Peculiar Feelings 3. Emotional Changes 4. Seeing Stuff Online	UKS2 Module 1 Unit 4 – 1. Making Babies (Part 1) 2. Making Babies (Part 2) May be omitted or set as homework task with parents 3. Menstruation 4. Hope Beyond Death	PSHE L23. About the risks involved in gambling; different ways money can be won or lost through gambling related activities and their impact on health, wellbeing and future aspirations.	RHE UKS2 Module 2 Unit 2 – 1. Build Others Up 2. The Holy Trinity 3. Catholic Social Teaching UKS2 Module 3 Unit 2 -



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	recycling; food choices) L10. About prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced. L16. About how text and images in the media and on social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misinformation	4. Spots and Sleep		5. Coping with Change	L24. To identify the ways that money can impact on people's feelings and emotions	1. Reaching Out Money and Me
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RHE – Ten:Ten resources 'Life to the Full' – pathway #2: 2-year cycle over 3 terms



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PSHE – Aspects of non-statutory PSHE which are not wholly covered by ‘Life to the Full’ (taken from the PSHE Association Programme of Study)